

AVANOS

A GREAT PERFORMANCE DESERVES A STRONG CLOSER.

Extend your high-quality care beyond the operating room and into a winning recovery with the Game Ready cold and compression system.



GAME  READY®
ACTIVATE NEXT-LEVEL POST-OP RECOVERY

YOUR PATIENT'S RECOVERY EXPERIENCE IS AN EXTENSION OF YOUR CARE.

When it comes to orthopedic repair, replacement and sports injury, surgery is the easy part for patients. Recovery is the hard part. And knowing that patients only get out of rehab what they put into it, it's essential you provide effective recovery tools to support optimal patient outcomes.

MULTIMODAL POST-OP RECOVERY GOALS INCLUDE:

- ✓ **Early ambulation¹**
- ✓ **Decreased pain²**
- ✓ **Reduced opioid use²**
- ✓ **Patient compliance**
- ✓ **Increased patient satisfaction^{2,3}**
- ✓ **Shortened length of stay⁴**



THE NEXT LEVEL OF POST-OP RECOVERY IS GAME READY.

Reach your post-op goals and get your patients back on their feet with the advanced portable recovery system, Game Ready. Delivering cold and compression therapy, the system takes traditional RICE methods (REST-ICE-COMPRESSION-ELEVATION) to the next level with fewer opioids.*2



Recovery with Game Ready includes:



ACTIVE COLD AND COMPRESSION THERAPY

Rapidly circulating ice water removes heat and cools the injured tissue to reduce edema, muscle spasms, and pain** while intermittent pneumatic compression helps to pump away edema and stimulate the flow of oxygenated blood to the injury site.²



CIRCUMFERENTIAL WRAP COVERAGE

Anatomically engineered for all major body parts, ensuring better fit, comfort and coverage than traditional methods, like ice and gel packs.²

ATX DUAL-ACTION WRAPS



A DIFFERENCE IN RECOVERY YOU'LL SEE, AND YOUR PATIENTS WILL FEEL.

Compared to traditional RICE methods, Game Ready's specialized circumferential wraps provide faster, deeper cooling* to deliver greater therapeutic benefits including:

- ✓ **Reduces patient opioid consumption** and may allow for earlier discontinuation of opioid medications in certain patients ^{2,5,6}
- ✓ **May increase patient satisfaction** with the recovery process^{2,3}
- ✓ **Increased post-operative range of motion** in ACL patients⁶
- ✓ **Decreases pain**²



“PATIENTS DEMONSTRATE INCREASED TOLERANCE TO THEIR REHAB, RESULTING IN A FASTER RECOVERY.”**

JOETTE JINDRA, OTR/L DIRECTOR OF REHAB

* First skin temperature measurement immediately after completing 30 minutes of treatment, subsequent images at 10 and 30 minutes post-treatment. All devices applied per manufacturer's instructions and all measurements taken from uniform distance. All devices applied on different days allowing full recovery for test subject.

**Based on professional experience. Results may vary.

HELP YOUR PATIENTS FINISH STRONG WITH GAME READY.



Proven to **reduce opioid consumption by up to 25%*** in some total knee arthroplasty patients²



Programs are designed to **promote patient compliance** and reduce risk of injury, such as frostbite, by automating alternating treatment and rest times



May **increase patient satisfaction** with the recovery process^{2,3}



Trusted and used by **pro sports teams and elite athletes** for nearly two decades

"HELPED ME GREATLY AFTER MY CAREER-THREATENING INJURY."*

JERRY RICE, NFL HALL-OF-FAMER

And now there's a home advantage.

With our convenient **rental program**, a Game Ready System can be rented and shipped directly to your patient, no hassle to you.

**ACTIVATE NEXT-LEVEL
POST-OP RECOVERY TODAY.**

*Individual results may vary.

GAME  **READY**®

References

1. Ghosh A and Chatterji U. An evidence-based review of enhanced recovery after surgery in total knee replacement surgery. *J Perioperative Practice*. 2018; doi: 10.1177/1750458918791121. 2. Su EP, Perna M, Boettner F, et al. A prospective, multi-center randomized trial to evaluate the efficacy of a cryopneumatic device on total knee arthroplasty recovery. *J Bone & Joint Surg*. 2012;SuppA(94-B):153-6. 3. Leegwater NC, Jore HW, Brohet R, Nolte P. Cryocompression therapy after elective arthroplasty of the hip. *Hip Int*. 2012;22(05):527-533. 4. Guerra M, Singh P, Taylor N. Early mobilization of patients who have had a hip or knee joint replacement reduces length of stay in hospital: a systematic review. *Clinical Rehabilitation*. 2014;29(9):844-854. 5. Waterman W, Walker JJ, Swains C, et al. The efficacy of combined cryotherapy and compression compared with cryotherapy alone following anterior cruciate ligament reconstruction. *J Knee Surg*. 2012;25(02):155-160. 6. Murgier J and Cassard X. Cryotherapy with dynamic intermittent compression for analgesia after anterior cruciate ligament reconstruction. Preliminary study. *Orthop Traumatol Surg Res*. 2014;100(3):309-312.

There are inherent risks in all medical devices, please refer to the product labeling for Indications, Cautions, Warnings and Contraindications. Refer to www.GameReady.com for product safety Technical Bulletins. For specific questions regarding the Game Ready products prescribed to you, please contact your physician.