

# A GREAT PERFORMANCE DESERVES A STRONG CLOSER

---

EXTEND YOUR CARE BEYOND SURGERY  
AND INTO RECOVERY WITH THE GAME READY®  
COLD & COMPRESSION SYSTEM

G A M E  R E A D Y®  
ACTIVATE NEXT-LEVEL INJURY & POST-OP RECOVERY

After surgery, winning outcomes depend on the best recovery experience.



*"Game Ready provides a significant decrease in the need for pain medication and at least a 20% faster recovery."\**

Peter Millett, MD, MSC | The Steadman Clinic

# Help your patients finish strong with Game Ready.

Following your surgical performance, the rehabilitation and recovery process is most critical to successful patient outcomes. With the industry-leading Game Ready® cold and compression therapy system, you can extend your high quality care beyond the operating room to help your patients finish strong after an injury, orthopedic repair, or joint replacement surgery.

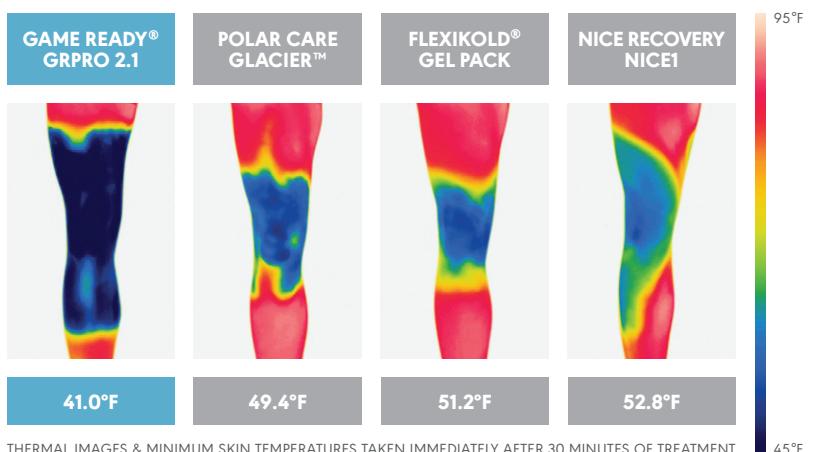
## PROVEN CLINICAL BENEFITS HELP YOU MEET MULTI-MODAL RECOVERY GOALS

- ✓ Reduces patient opioid consumption and may allow for earlier discontinuation of opioid medications in certain patients.<sup>1,2,3</sup>
- ✓ Decreases pain and edema.<sup>1,4</sup>
- ✓ Increased post-operative range of motion in ACL patients.<sup>3</sup>
- ✓ May increase patient satisfaction with the recovery process.<sup>1,5</sup>



## More effective cooling than other RICE methods.

Chosen by thousands of orthopedic surgeons, sports medicine doctors, medical facilities, special military forces, and professional sports teams around the world, the Game Ready System provides faster, deeper-penetrating, and longer-lasting cooling compared to traditional RICE methods and other devices.<sup>\*\*</sup>



# Integrated cold and compression, all in one powerful system.

The Game Ready System takes RICE (Rest-Ice-Compression-Elevation) to the next level by integrating active cold and intermittent compression therapies with greater adjustability, precision, and convenience than ever before.



**Active Cryotherapy.** Rapidly circulating ice water continuously, consistently, and comfortably cools the affected site to effectively reduce edema, muscle spasms, and pain.



## Intermittent Compression.

Pneumatic compression mimics natural muscle contractions to gently pump away edema and stimulate the flow of oxygenated blood.



## Circumferential Coverage.

Anatomically designed wraps surround the affected body part, increasing surface area and contact for more effective cryotherapy.



**Faster, Deeper Cooling.** Faster, deeper, longer-lasting cooling means safer treatments, with minimized frostbite risk and proven reductions in the use of opioid pain medications.



**Simple Operation.** An intuitive interface and fingertip controls make it easy to use pre-set programs and quickly customize temperature, compression, and time settings.



**Portable Convenience.** With an available battery pack and carry bag, the system is portable for use at home or office, on the sidelines, or wherever treatment is required.

*"The Game Ready System reinforces compliance and reduces the use of narcotics."\** Laura Schwartz, RN, MSN, APRN, FNP, COHNS

## Innovative wrap design for better comfort and results.

Game Ready's comprehensive line of dual-action wraps enables integrated, no-mess cold and compression therapy from head to toe. Featuring patented technology, the low-profile, lightweight wraps are anatomically engineered for better fit and comfort - and deliver circumferential coverage and greater surface contact for more effective therapeutic treatment.



C-T SPINE WRAP



SHOULDER WRAP



FLEXED ELBOW WRAP



STRAIGHT ELBOW WRAP



HAND/WRIST WRAP



BACK WRAP



HIP/GROIN WRAP



ARTICULATED KNEE WRAP



STRAIGHT KNEE WRAP



FULL LEG BOOT WRAP



HALF LEG BOOT WRAP



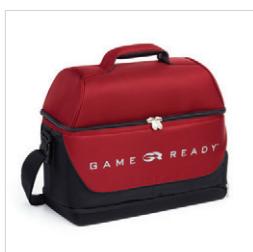
ANKLE WRAP



MEDICAL HOSE



BATTERY PACK



CARRY BAG

## Easy to use in the PACU, easy to use anywhere.

Setup is simple and intuitive. Users can select from six automated programs, manually control their own protocols, and customize temperature, compression, and treatment time settings with the touch of a button or turn of a dial.



SELECT PROGRAM



ADJUST TIME



ADJUST COMPRESSION



ADJUST TEMPERATURE



START/STOP

**Extend your high quality care into recovery and get  
your patients back to what matters with Game Ready.®**

VERTRIEB IN DER SCHWEIZ



MTR - Health & Spa AG | Fällmisstrasse 64 | 8832 Wilen b. Wollerau | Fon: 044 787 70 80 | [www.mtr-ag.ch](http://www.mtr-ag.ch)

AVANOS | GAME READY®

\*Based on individual experience, not a manufacturer's claim, results may vary. \*\*Thermal images and skin temperatures taken immediately after 30 minutes of treatment, all devices applied per manufacturer's instructions under identical conditions.

1. Su EP, Perna M, Boettner F, et al. A prospective, multi-center randomized trial to evaluate the efficacy of a cryopneumatic device on total knee arthroplasty recovery. J Bone & Joint Surg. 2012;SuppA(94-B):153-6. 2. Waterman W, Walker JJ, Swains C, et al. The efficacy of combined cryotherapy and compression compared with cryotherapy alone following anterior cruciate ligament reconstruction. J Knee Surg. 2012;25(02):155-160. 3. Murgier J and Cassard X. Cryotherapy with dynamic intermittent compression for analgesia after anterior cruciate ligament reconstruction. Preliminary study. Orthop Traumatol Surg Res. 2014;100(3):309-312. 4. As with all RICE applications. 5. Leegwater NC, Jore HW, Brohet R, Nolte P. Cryocompression therapy after elective arthroplasty of the hip. Hip Int. 2012;22(05):527-533.

There are inherent risks in all medical devices. Please refer to the product labeling for Indications, Cautions, Warnings and Contraindications. Refer to [www.gameready.com](http://www.gameready.com) for product safety technical bulletins.